CURRICULUM VITAE

**PAULINE ISOBEL WREN, NEE ABBOTT**

Address: 17 Villas Karibik, La Mulata1, Sosua, Puerto Plata, Dominican Republic

Nationality: **British**

D.O.B. 25th May 1948

Education:

1959 – 66: Percy Jackson Grammar School

**8 ‘O’ Levels**: Maths (1), **French (1), German(1), Spanish(1), Latin(2), English Language(2), English Literature(3), History(6)**

**4 ‘A’ Levels**: **French(A), German(A), Latin(B), General Studies(B)**

**Studied Spanish to ‘A’ Level** but did not take the exam because the class folded shortly before; Grade A projected.

‘**S’ Level French**

1966 – 70: **London University, Queen Mary College** [1968 -69 Language Assistante in Paris, Vincennes] **BA Honours in French with German** II ii

1970 – 71**: London University Institute of Education; Postgraduate Diploma in Modern Languages, Psychology, Sociology and Philosophy**

1990 - 92: **Warwick University, Diploma in Counselling and Interpersonal Skills; Distinction**

1992 – 94: **Diploma in Hypnotherapy and Psychotherapy; Distinction, subsequently awarded an advanced diploma**

1995 – 96: **Manchester Metropolitan University; MA Research in how abused women choose a therapist.**

1996 – 97**: Sherwood Institute of Psychotherapy; training for Masters in Integrative Psychotherapy**

1997 – 98**: Continued training in London and New York under Dr Richard Erskine, Head of Institute of Integrative Psychotherapy**

Professional Career:

**Acted as guide and interpreter in London for foreign visitors;** 1970

**Taught English to foreign students in London;** 1971

**Taught Modern Languages at Haberdashers’ Aske’s School for Girls**; 1971 – 1974

**Acted as interpreter for 3 months for an architect** restoring property in Switzerland

**Taught Remedial Education at Bloxham Middle School,** Rugby; 1974 – 75

**Taught French and General Subjects** in Long Lawford Middle School, Rugby; 1975 – 1977

**Head of Modern Languages, National Curriculum, Activity Week and Foreign Visits and Exchanges at Lutterworth High School, part of Senior Management Team**; 1977 – 94

**Counsellor / Psychotherapist in private practice and for 11 doctors in General Medical Practices** in Guilsborough, Northants and Coventry, West Midlands, UK; 1994 – 2003

**Trained therapists** for one year for National College; 1995 - 96

Ran a small business renting accommodation to **international students** from 1980 – 2000

**Intermittently translated various documents for private individuals and edited translations for friends who were doing translations on a regular basis**

**Moved to spend 80% of my time in the Dominican Republic where I have acted freelance as translator / interpreter** for individuals of various nationalities settling on the island, **helping them with lawyers, purchases, doctors, tradesmen or whatever they have needed. Have interpreted Spanish to English for a dog trainer; for 10 years I ran a humanitarian foundation for rescuing horses and donkeys and poor and homeless children using equine and animal therapy;** 2003 – the present (15 years currently)

**Interests:**

**Languages, Travel and Tourism, Cultures, Psychology, Personal Growth, Trauma and Abuse, Medicine and Natural Medicine, Healing, Animals, Architecture, Social History and Literature**

**Other information:**

**I have written a short book available free on my website** [**www.therapy-sosua-cabarete.com**](http://www.therapy-sosua-cabarete.com) **written first in Spanish then translated into English**. I am currently writing a book on how to survive living in an abusive situation when you really can’t leave for the time being.

**I have travelled extensively in Europe including spending long spells in France, Germany and Spain, as well as worldwide.**

I am a Louise Hay Coach and have participated in ongoing training and development in all my areas of interest. I am registered as a healer with the NFSH and am a reiki master.