Laurène CABARET

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\Lambda LILLE, France

coach • entrepreneur • counselling
collective intelligence • bilingual •
project management • translation •
attentive • analyst • audacious •
efficient • curious • genuine

French: native
English: proficient (C2)
Spanish: advanced knowledge (B2)

Office softwares: MS Office, G Suite
CAT: Trados, Wordfast, Transit NXT
Misc. : Photoshop, Wordpress

2019 📄

Facilitation and co-creative events Lilian Ricaud

2018-2019 Professionnal Coach Diploma & ICF Certification (PCC) Coaching Ways Lille

2002-2004 Master's Degree in Translation English & Spanish (ESTICE) in Lille

Jobstory: Association supporting unemployed people

Coach Career Advisor English workshops Facilitator Webmaster

Coup de Pousse: Association supporting SSE organisations Advisor & Facilitator

Positive parenting Sewing & DIY Music – guitar, singing, kalimba Well-being – meditation, yoga



French Native Translator

Freelance Translator since 2006

- Healthcare (clinical trials, leaflets, packaging)
- Marketing (discussion guides, analysis, reports)
- Career development (HR, vocational education)
- Communication (press, magazines)
- Sports (Pilates, yoga, e-sport, cycles, racket sports)
- Cleisure (tourism, musical education, cosmetics, clothing)
- ➡ Language consultancy on literary works
- ➡ IT (websites and apps localization)

Career advisor and professional coach since May 2018

OPTEOS – Lille >> Business cooperative

Support for entrepreneurship & professional transition

- One-on-one coaching (self-confidence, self-knowledge)
- Team coaching (value identification, conflict management)
- Consulting in job search techniques
- Consulting in entrepreneurial development
- Leader of a team of advisors

Project Manager / Translator May 2016 – November 2017

AST – Villeneuve d'Ascq >> Translation, interpreting and language training company

- Project coordination of multilingual translation projects
- ➡ Administrative management: quotation, invoicing, accounting
- Terminology management, translation, proofreading and quality control

Project Assistant / Translator

IVP – Wasquehal February – December 2015

ICARE – Villeneuve d'Ascq January 2008 – June 2012

Qualitative and quantitative market research with patients and healthcare professionals in oncology, haematology, neurology, pulmonology, ophthalmology, psychiatry, gynaecology

Translation, proofreading, transcription and analysis of study materials (product concepts, clinical trials, discussion guides)

- ➡ Project management: organisation, logistics, suppliers, partners
- Recruitment of respondents (physicians, patients)