

# Lorenzo Flego

## HUMAN RIGHTS SPECIALIST

### PERSONAL STATEMENT

Passionate and multilingual human rights specialist with expertise in international cooperation, journalism, qualitative research, EU project management, assistance of asylum-seekers, and classical music performance. My goal is to build a career in the field of human rights & environmental advocacy, both in the profit and non-profit sector.

### KEY CAREER ACHIEVEMENTS

#### OIKOS ONLUS

- Built a walk-in fridge at the “Fondation Pédiatrique de Kimbondo” in Kinshasa (DRC), thus reducing food waste by 50%.
- Subcontracted infrastructure work to third-party professionals for the refurbishment of the hospital’s pharmacy and kitchen, resulting in improved quality of food and stored drugs.
- Implemented training courses on malnutrition: thanks to combined efforts monthly malnutrition-based mortality rate was reduced by 50% between 2018 and 2019.

### EXPERIENCE

#### Project manager - Fondation Pédiatrique de Kimbondo

OIKOS Onlus • Kinshasa (DR Congo) • April 2019 - July 2020

- Head of Project S.A.F.E. (Santé Alimentaire et Formation En RDC).
- Management of a local team (15 people), coordination of volunteers
- Autonomous management of the project's funds (90.000 €)
- Management of the structure’s local farm
- Organisation of training courses in the field of malnutrition

#### Project coordinator - Rwampara Farm Institute

Education Partnerships Africa • Mbarara (Uganda) • July - September 2018

- Improvement of infrastructure (water sanitation, hygienic services)
- Management of fundraising campaign for project implementation
- Stakeholder relations (financial/narrative reports, social media)

#### Social worker - Reception of refugees and asylum seekers

Italian Consortium of Solidarity (ICS) • Trieste (Italia) • July - September 2017

- Daytime assistance to hosts in the reception centre
- Accompaniment to medical and administrative facilities
- Guidance to hosts during the asylum application process

#### Voluntary work - Education

Project Hope NGO • Nablus (West Bank) • September - December 2016

- Music teaching in a kindergarten at Balata Refugee Camp
- Italian and English teaching at "An-Najah" University of Nablus

### CONTACTS

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 [Lorenzo Flego](#)

 Pordenone (Italy)

### HARD SKILLS

- Project management
- MS Office (Excel, PowerPoint, Word)
- Foreign languages
- Office 365
- Microsoft Teams
- Narrative/financial reports
- Music (classical piano)

### SOFT SKILLS

- Leadership
- Stress management
- Flexibility/adaptability
- Stakeholder engagement
- Communication
- Independence
- Problem solving
- Public speaking
- Creativity/proactivity

## EDUCATION

### Advanced Training Course in EU Project Management

Venice International University (VIU) • Venice (Italy) • June - December 2020

- Drafting and development of a European project

### MSc International Politics (Merit)

SOAS University of London • London (United Kingdom) • October 2017 - July 2018

- Geopolitics/international relations (Subsaharan Africa, MENA region)
- Political economy/development economics
- International humanitarian law

### Bachelor of Arts (110/110, First-class honours) - Classical Piano

Conservatorio di Musica "G. Tartini" • Trieste (Italy) • September 2013 - July 2016

- Music performance (chamber music and solo repertoire)
- Erasmus+: Kunstuniversität Graz (September 2015 - July 2016)
- E+ Traineeship: Hochschule für Musik Würzburg (February - June 2017)

## LANGUAGE SKILLS

|                    | COMPREHENSION |         | SPEAKING    |            | WRITING |
|--------------------|---------------|---------|-------------|------------|---------|
|                    | Listening     | Reading | Interaction | Production |         |
| • English          | C2            | C2      | C2          | C2         | C2      |
| • German           | C1            | C1      | C1          | C1         | C1      |
| • French           | C1            | C1      | C1          | C1         | C1      |
| • Spanish          | C1            | C1      | C1          | C1         | C1      |
| • Arabic (Aamiyah) | A2            | A2      | A2          | A2         | A2      |
| • Lingala          | A2            | A2      | A2          | A2         | A2      |
| • Russian          | A1            | A1      | A1          | A1         | A1      |
| • Italian          | mother tongue |         |             |            |         |

## ACKNOWLEDGEMENTS

### Graduate Record Examination (GRE)

Ljubljana (Slovenia) • December 2018

Verbal reasoning – 165 (96th percentile)  
Analytical writing – 4.0 (59th percentile)

Quantitative reasoning – 164 (86th percentile)

### Test of English as a Foreign Language (TOEFL) - 106

Pordenone (Italy) • January 2017

Reading – 28 (high)  
Speaking – 23 (medium)

Listening – 26 (high)  
Writing – 29 (high)

## ATTACHMENTS

- GRE General Test: <http://bitly.ws/9sQe>
- TOEFL iBT Result: <http://bitly.ws/9sPM>
- SOAS Certificate: <http://bitly.ws/9ETI>
- Conservatorio "G. Tartini" Certificate: <http://bitly.ws/9sPR>

I hereby authorize the treatment of my personal data according to the current GDPR rules.

  
Signature