

## JULIA DA SILVA PEREIRA

### FREELANCE ENGLISH-PORTUGUESE-FRENCH TRANSLATOR

**SUMMARY** A Fashion school degree, a couple of Ayurveda therapy training certifications and a Yoga certification gave me the background that I have today.

I started translating as an interpreter of Ayurveda and the health field, interpreting lectures, and translating medical researches, articles and books.

In addition to the health and medical field, I also am very passionate about literature, arts, philosophy, fashion, and marketing.

My work experience made me develop good organizational, analytical and interpersonal skills.

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**SKILLS** Communication Skills;  
Translation;  
Organizational Skills;  
Interpretation;  
Analytical Skills;  
Time management;  
Interpersonal Skills;  
Trados Studio;  
Smartcat tool.

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**EXPERIENCE**

**PROFESSOR AT FAESDA**  
Nov 2019 - current

**AYRVEDA THERAPIST AT FAESDA**  
Feb 2019 - current

**INTERPRETER AND TRANSLATOR AT FAESDA**  
Feb 2019 - current

**MANAGEMENT ASSISTANT AT ESCOLA DE AYURVEDA**  
Aug 2018 - Jan 2021

**DESIGNER AND MANAGEMENT ASSISTANT AT CONTEXTURA ATELIER**  
Aug 2014- Jan 2016

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**EDUCATION**

**GUJARAT AYURVED UNIVERSITY**  
Professional Training in Ayurveda  
Feb, 2019 - Mar, 2019

**ESCOLA DE AYURVEDA**

Professional Training in Ayurveda

Sep, 2017 – Mar, 2019

**UNIRITTER LAUREATE INTERNATIONAL UNIVERSITIES**

Bachelor's degree in Fashion Design

Jan, 2011 – Feb, 2015

**NAYLAND COLLEGE**

Junior Year – exchange program

Jan, 2009 – Dec, 2009

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**LANGUAGES**

Portuguese – native;  
English – fluent proficiency;  
French – intermediate.

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**ACCOMPLISHMENTS****WHO BENCHMARKS FOR THE PRACTICE OF AYURVEDA**

Translation from English to Portuguese, 2020.

Available at:

[https://drive.google.com/file/d/1MOvGFID4okw3h7fClUHeN8OV63gs\\_iW4/view](https://drive.google.com/file/d/1MOvGFID4okw3h7fClUHeN8OV63gs_iW4/view)

**AHARA: ANCIENT SECRET OF DIET IN AYURVEDA AND YOGA**

Suryawanshi, Pradipkumar

Translation from English to Portuguese, 2023.