

CURRICULUM VITAE

Michelle Wright

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Languages: English: Native British; Spanish: Professional Advanced; French: GCSE A.

IT Skills: Microsoft Office, word, excel, Ed-tech tools, Padlet, Skype, Zoom, LMS, Articulate 360, Basic web design. Web content, Editing, Marketing, and producing own business website. CAT tools, Memo Q, Ant conc. SDL Trados. IN office skills. City and guilds word processing 1 & 2 (FAS Ireland) credit. WordPress. Think fit, WordPress, Animoto, Microsoft Publisher, Mentimeter, Kahoot, word wall, Moodle, Instagram, Facebook, Twitter, pallet, Zoom, Skype. Google drive, classroom.

Education:

Accepted onto the Food Policy, MSc in City College London online, commencing the part-time in Sept 2024.

2022-2023 Masters: Epidemiology and Public Health online: The International University of Valencia; In Spanish; Compulsory subjects. 48/60 ECTS: 12 Completing: Scientific Systematic review on Nutrition, Dementia and Veganism.

2019- 2021 Masters in Translation / Official postgraduate in translation. The University of Portsmouth:
Dissertation: 15,000 words and translation on Nutritional Scientific and Medical Texts.

1998 -2002 BSc Hons degree in Human Nutrition. Science-based degree 4 yr. sandwich: Leeds University: Certified by the Ministry of Science and Education, Spain. Legalised. Final Project. Dissertation: Food mapping in the community

1996 – 1997 A level equivalent in Chemistry, Biology and Maths., statistics. Foundation, access course. London Metropolitan University. HITEC The higher introductory Technology and Engineering conversion course.

1990 -1993 Hotel and catering training college, Salisbury: City and guilds. Level 1,2,3

1984-1990 Secondary education GCSE'S grade C above. St Edmunds Girls School.

Teaching Certificates:

2019/2021 Teaching Certificate TESOL, and TEFL 300 hr Master Diploma and practice.

21/07/2020 Certificate TEFL. Teaching online: 40 hours Learn to Teach ESL Online

2014- 2015 Diploma S.A.C. Dip. Life Skills coaching. Advanced level. The UK. Stonebridge

2011-2011 Teacher training title in Mat Pilates, certified Pilate's instructor

Teaching Experience:

April 2002 –2024: Freelance Coach teacher and translator:

Teaching English to Students of all ages up to proficiency level and exams. In schools, businesses, and companies, both presential and online. Companies: CAM Comercio de Navarra, Irumolde, Truck and Wheel, Volkswagen, Rebeysa, Leyre, ISIE,3 Kings Academy.

23 years of teaching, coaching, and editing documents for ESL students. Prepare and translate their presentations for conferences for doctors and engineers.

Creation, Marketing, and publicity for my own business, designing flyers, public speaking. Coaching Experience. Website creation and content, nutrition, and wellness coaching.

Training and teaching students necessary culinary and creative food presentation skills, healthy eating, language skills and motivating students. Creative workshops and demonstrations. Art, Cooking, chocolate, Baking, Sculpture. Nutrition.

Online teaching combines Ed technology and blended learning techniques, applying a mixed hybrid method of intense presential classes, online support, and video conferences.

Sep 2018 - April 2020: St. Patrick's English primary and secondary school, San Sebastian. Full-time Primary, Covering a long-extended leave of one year.

Primary Year one tutor, and full responsibilities Teaching English, Science and Art to classes of 28 children, year 1-6 Primary. Science. Writing reports, liaising with parents, meetings, reports.

July 2018 - Aug 2018: Teaching Buddhist Monks in Nepal, English,

March 2007 - June 2008: Teaching Assistant English at two primary schools in Navarra. Due to experience, Full-time. Department of Education.

2015 - June 2015: Secondary School Teaching English, Cambridge exams Exam preparation, Department of Education. Gov. of Navarra.

Oct 2002 - July 2003: ESL English Teacher, full-time. Group and student management, course preparation (Dos Formation. Academia), Gipuzkoa.

2001 - 17 weeks: work experience, Thackray Medical Museum, Leeds. I created an exhibition for schools on nutrition and health through the ages.

2001 -18 weeks: Dietetic department placement. St James Hospital, Leeds.

2001 -15 weeks: Community nutrition placement, South Leeds Health for All. Teaching nutritional education to underprivileged groups in the UK Grant applications, Community Mapping Project

Continual professional development (CPD):

Oct 2022 Thinkfic. Online course development software

Jan 2022 Deep editing course LinkedIn, 100 hours

2021/2022 Online course writing the sciences, Harvard University

2001- Certificate in diabetes, GI tract, Teenagers & sexuality, Emergency aid in the workplace certificate. (Leeds Teaching Hospital).

2001-Placement in Leeds University hospital, dietetics 12 weeks, specialising in diabetes department.

2001- Psychology training module, certified: Helping people change (Uni).

Certificate in diabetes study day (Leeds Teaching Hospital).

FPA, 2-day course: Teenagers and sexuality.

Emergency aid in the workplace certificate.

GI tract training for health professionals

Life skills coaching advanced level 4 diploma. Psychology-based (Stonebridge College).

Video content creation for nutrition website. Healthy lentils recipe.

Online course creation: Food Allergen Management

Translation experience:

Collaboration on Editing and writing the nutrition article in the European Journal of Clinical Nutrition Voluntary Work Private University. Department of Epidemiology Universidad de Navarra. A cohort study on the Mediterranean diet.

Specialising in scientific, nutritional, and health-related documents. Translated a range of documents from Spanish into English, including research and scientific and educational material.

Website nutrition, wellness, and coaching: Created own website using WordPress: Personal design and content creation: <https://nutritionwellnesscoach.com> Member of Time to Better: wellness website for nutritionists.

Working alongside doctors and translating, editing, and proofreading scientific Journal medical articles and helping to perfect presentations in English.

Website translation service from Spanish into English and English classes. Website creation using WordPress: Personal design and content translations. <https://fasttraduccion.com>

Member of ProZ.com translation web. Organisation
<https://www.proz.com/translator/631692>

Worked to deadlines and reached requirements set by the clients for translation and Editing. I was correcting English for students constantly and helping with university assignments.

Collaborating with doctors and professionals with Editing and proofreading for publication in journal articles and editing websites and PowerPoints for clients and students.

Translations for companies, technical documents from Spanish to English, proofreading for small companies, web pages and Journal articles. Gov. Navarra.

Personal Summary:

I am an experienced professional, enthusiastic, and proactive individual with plenty of initiative. I am good at establishing supportive relationships with clients and colleagues. I am used to working remotely, in a team and with clients. I have gained a diploma in life coaching that has aided this natural personal ability. Empathy and creativity are all critical life skills I hold, and being involved in continuous learning, both personally and professionally, is essential to me to broaden my knowledge and life experience. Overall, I am a friendly and approachable person with lasting relationships. I love sports, health, and Pilates art. I have a British passport and NI number and can work in the UK.

