Resume Attilio Altieri

Name and surname	Attilio Altieri
Born in	Bari, Italy, october 20, 1984
Email	attilioaltieri@gmail.com

Professional Experience

- 2021 Freelance languange teacher (Italian), online remote classes.
- 2019-2021 Language teacher (Italian) in the Italian Cultural Institute of Guatemala City, Guatemala.
- 2013-2020 Nutritional educator, workshops facilitator, organizer of cultural events. I've been organizing cultural activities and workshops about conscious food consumption and cuisine. The courses have been carried out in cultural centers, associations, restaurants and headquarters of organizations in Italy and in several countries in Central and South America.

In the <u>workshops</u> people learn to prepare plant-based dishes, the connections between food, environmental sustainability, food sovereignty and health.

The <u>cultural events</u> are intended to promote environmental sustainability, food sovereignty and healthy food consumption. Among the activities, there are dinners open to the public with a screening of a documentary film, foodsharing activities, and speeches.

- 2018 **Autor** of the "Guía a la Alimentación Vegana", a manual about vegan cuisine for people living in Latin America.
- 2009-10 Human rights field officer with Peace Brigades International (PBI), Guatemala. The association works on protection of human rights and my tasks have been: physical accompaniment to individuals receiving threats, interlocutions with authorities, international observation of public events, writing articles for publications. In addition to these routine tasks, I was responsible for managing the computer

network of the association, with special focus on security: firewall, cryptography of

disks and communication.

- 2008-09 Working in food industry. London, UK.
- 2006-07 Volunteer with WWOOF, an international network of organic farms. Tuscany and Sicily, Italy.

Languages

Italian	Native	C2
Spanish	Fluent	C2
English	Fluent	C1
French	Basic	B1
Portuguese	Basic	B1

Education

2012-current	Study of nutrition, chronic diseases, healthy cuisine, advantages of the plant-based
	diet.
2015	Master in Biology of Nutrition, University of Bari, Italy.
2010-11	Study of MySQL, PHP and Ruby programming languages.
2001-15	Educational experiences and cultural exchanges in European and Latin American
	countries.
2005	Professional Course in Conflict Resolution, organized by Tuscany Region, Italy.
2003-06	Degree in Political Science (Peace Studies) at the University of Pisa, Italy, with the
	highest grade.
2006	Study abroad in Krakow, Poland with the Erasmus program.
2003	High school, graduated with the highest mark.

Computer skills

Marketing-oriented online communication: email, social networks, website making, online advertising, SEO.

Office suites, graphic design, photo, audio and video editing.

OS: Linux and Windows.